

Make a Plan

It is important for you and your family to plan for an emergency. You'll need to plan for multiple situations: Remaining in your home/school/office after a disaster or evacuating to a safer location. Your family may not be together if a disaster strikes, you need to have a plan to know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

FEMA Make a Plan Video <https://www.youtube.com/watch?v=TybjwGLHA88>

More information on making a Family Emergency Plan is available here: <https://www.ready.gov/plan>

Another valuable resource is the Red Cross Flood Safety Checklist available here:

https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness_Disaster_Recovery/Disaster_Preparedness/Flood/Flood.pdf

WHAT'S IN YOUR GO BAG?

First aid kit,
toothbrushes,
and medicine

Resolve
to be
Ready



In addition to your Family Emergency Plan, you should always have an emergency kit or Go Bag. According to FEMA, being prepared means having your own food, water and other supplies to last for at least 72 hours. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency.

Make sure your emergency kit is stocked with the items on the checklist below. Most of the items are inexpensive and easy to find and any one of them could save your life. Once you take a look at the basic items consider what unique needs your family might have, such as supplies for pets or seniors. For a printable list and more information on important items to include in your emergency kit, visit <https://www.ready.gov/kit>.

Basic Disaster Supplies Kit

To assemble your kit store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag.

A basic emergency supply kit could include the following recommended items:

- Water (one gallon per person per day for at least three days, for drinking and sanitation)
- Food (at least a three-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Wrench or pliers (to turn off utilities)
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery