

# Don't Work Sick!

Talk to your supervisor about your facility's sick policy.

Do **not** come to work if you have **diarrhea** or a **sore throat** with **fever**, or are **vomiting**.



**How long should I stay away from work?**

You must be **symptom-free** for at least **24 hours** without medication.

**Prevent spreading illness to customers and coworkers!**



**MESA COUNTY  
PUBLIC HEALTH**  
*Working Together for a Healthy Community*

For additional food safety resources go to  
[www.health.mesacounty.us](http://www.health.mesacounty.us)  
(970) 248-6900