

# GRAND VALLEY BIKE MONTH SPRING EDITION - MAY 2024

Pedal for Transportation, Fitness & Fun

#### **Bike Month Event Schedule**

#### **Bike to Work Day Breakfast**

Turn in the car keys for the day and bike for transportation, commute to work or school. Pedal to work and refuel with a FREE breakfast presented by City of Fruita and City of Grand Junction.

#### Wednesday, May 1 7:00 AM-9:00 AM

- Grand Junction City Hall (250 N 5th Street): Breakfast burritos, fruit, granola bars, and water.
- Fruita Civic Center (325 E Aspen Street): Bagels and Muffins from Einstein Bagels and coffee from Bestslope Coffee. Enjoy a group ride with Fruita staff following the breakfast.
- Community Hospital (2351 G Rd Near Labor & Delivery): Free snacks and swag.

#### **Group Pedal to Breakfast**

Join the City of Grand Junction for a group ride to the free breakfast at Grand Junction City Hall. Riders can meet at one of four locations and ride with a group to Grand Junction City Hall. Route planning assistance is available for riders navigating their bike commute to work from City Hall.

#### Wednesday, May 1 7:30 AM (all meet-up locations)

- Sherwood Park Meet at the corner of West Sherwood & South Sherwood Dr., south end of the park
- Lincoln Park Meet at 12th & Gunnison
- Eagle Rim Park Meet by the flag pole
- Lunch Loops Meet in the main parking lot, near the changing rooms

#### Free Commuter Bike Rentals

Brown Cycles is offering free commuter bike rentals in May; rentals are available one week at a time.

- Renters need to rent bike in person and sign liability form (in case bike is lost or stolen)
- Must reserve the rental with a credit card and renew the rental each week.
- Return the bike at the end of May for absolutely no charge.

#### Love to Ride Challenge

Start good healthy habits and try to pedal every day in May. Join us on Love to Ride with the <u>Mesa County Biking Group</u>, log your rides for a chance to win prizes. After joining the Love to Ride group, send an email to <u>bikemonth@mesacounty.us</u> to let us know you enrolled. **Participants MUST be on the email list to be eligible for prizes.** 

Dates: May 1-31

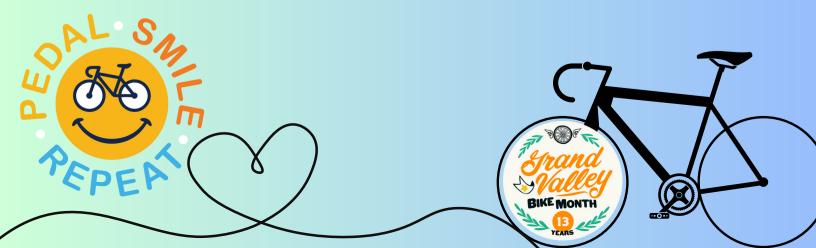
**Commuter Challenge:** Log a transportation ride of 3 miles or greater each week for a chance to win.

Fun & Fitness Challenge: Log a Fun & Fitness ride of 3 miles or greater each week for a chance to win.

Most Days of Riding Challenge: Build cycle habits, the top three riders with the most days of riding will win.

# JOIN US ON LOVE TO RIDE

**GRAND VALLEY BIKE MONTH - MAY 2024** 



### **Bike to Business Deals**

Bike to Work Day Deals - May 1 ONLY

**Base Camp Beer Works** (2575 U.S. 6 & 50 - GJ)

Base Camp Provisions (155 N Mulberry St - Fruita)

Kiln Coffee (326 Main - GJ)

Octopus Coffee (759 Horizon Drive)

The Gear Junction (436 Main -GJ)

Deals on Wheels All Month: May 1 - 31

The Gear Junction (436 Main - GJ)

Bestslope Coffee (129 N Peach - Fruita)

Blaine's Farm Store (3419 Front St - Clifton)

**Other Bike Month Discounts** 

May 5 Gemini Beer Company (310 N 7th St - GJ)

**Tuesdays** Sugar & Ice (950 North Ave STE 104 - GJ)

**BOGO on Beers (First Round ONLY)** 

**BOGO on Beers (First Round ONLY)** 

**FREE Drip Coffee** 

FREE 12 oz. Latte

20% off all Bike Parts

20% off Bike Service for Commuters

20% Discount on Food & Drink

**5% Discount at Checkout** 

\$1.00 off beer

15% Discount with Bike Clinics

#### **Bike Month Film Fest**

Enjoy an evening watching bike films and support local trails. Bike Month Film Fest will feature a number of short films and door prizes. Proceeds from the event will benefit trail planning, construction, and maintenance in Mesa County.

**Thursday, May 2 - Avalon Theater, Downtown Grand Junction** 

Time: Doors open at 6:00 PM, show starts at 7:00 PM

Fee: \$15.00 + Fees - Available at the door or in advance online

#### **Family Story Time: All About Bikes**

Join Mesa County Public Library for a fun Family Storytime all about bikes - learn why bikes are so cool and how to be safe when riding. This program is free and open to the whole family.

Session 1: Monday, May 6 @ 10:00 AM

Session 2: Wednesday, May 8 @ 10:00 AM

Location: Fruita Library Branch - 324 N Coulson St

#### **Tuesday Bike Clinics**

Learn about basic bike mechanics, local trails, e-bikes, and other helpful cycle tips with FREE clinics provided by The Bike Shop. Each week will feature a group ride following the clinic and all participants will receive 15% discount from Sugar & Ice just for attending the clinic.

#### Tuesdays @ 5:15 PM - 950 North Ave STE 108, Grand Junction

April 30: Is Your Bike Ready to Ride? - Basic maintenance clinic.

- \* Group Ride 1: 6-15 mile MTB Ride pedal to the Lunch Loops + trail ride
- \* Group Ride 2: 6-15 mile Road Ride pedal to the Riverfront Trail, with a featured RFT section.

#### May 7: Trail Stewardship - presented by COPMOBA.

\* Group Ride: 6-15 mile MTB Ride - pedal to the Lunch Loops + trail ride

#### May 14: Mountain Biking Tips from Aaron Brown from Giant & LIV Bicycles

\* Group Ride: 6-15 mile MTB Ride -pedal to the Lunch Loops + trail ride

#### May 21: Electric Bike Health with Bryan Miick

\* Group Ride: 10-20 mile Electric MTB Ride - pedal to the Ridges

May 28: Women's Cycling with Kenzie Caputo - How to pack, what to wear, how to fuel your body.

\* Group Ride: 10-20 mile road ride- pedal to the Riverfront Trail

#### Walk & Wheel Day

May is National Bike to School Month. Ditch the car and try walking, biking or rolling to school on May 8. District 51 elementary and middle schools are invited to participate in the Mesa County Walk & Wheel Challenge, the school with the most student participation will earn \$200 towards new recess equipment or safety tools to help schools provide walking and biking education to students.

Families can find their safest route to school by downloading the Mesa County Safe Routes mobile app, visit mesacountysaferoutes.com for walking and rolling resources and the Mesa County SRTS map.

#### Wednesday, May 8 - District 51







#### **Bicycle Junction - Author Chit Chat**

Hear from author Chris Brown about the book Bicycle Junction and check out a display of fantastic bicycle creations, on display at Mesa County Public Library. Following the bicycle open house there will be an author's chat about the book Bicycle Junction, released in 2021 (copies available at the Library). Bicycle Junction is the history of Grand Junction as told from the bike lore and local bike shops dating back to the 1880's written by Chris Brown of Brown Cycles.

Monday, May 13 5:30 PM -7:30 PM

Location: Central Branch Library, Community Room - 443 N. 6th St. (Grand Junction)

#### **Urban Cycling Training**

Youth ages 10 and older are invited to join Grand Junction Parks and Recreation to learn about urban cycling. Participants will learn about bike etiquette and safety, plus enjoy a short group ride along the Riverfront Trail. All participants need to bring their own bike and helmet.

Saturday, May 18 10:00 AM-11:00 AM (Meet at Eagle Rim Park)

Fee: \$6.00 per person (Register online with Grand Junction Parks and Recreation)

#### **Bike Through South America**

Randy Fay and Nancy Lewis (and others) just finished a bike tour of South America. They continued their adventure of biking the Americas to the bottom of Chili in January of 2024. This was the final leg of their route, which they started in Alaska a few years ago, part of a big bucket list of rides. Come and hear about their adventures and enjoy a slideshow and a potluck. Participants should bring something delicious to share.

Saturday, May 18 7:00 PM - 9:00 PM

Location: Brown Cycles - 549 Main St (Grand Junction)

#### **Adult Crafting Make Popsicle Stick Bicycles!**

Come and create popsicle stick bikes during the Fruita Library monthly adult crafting event.

Tuesday, May 21 10:30 AM

Location: Fruita Branch Library - 324 N Coulson St

#### **Bike Opera Screening**

Wax up your wheels and your mustache and be prepared to time travel back in Grand Junction's cycling roots. Watch the book "Bicycle Junction" come to life on stage with the screening of the Musical "One Bike", performed in Aug 2021 at Colorado Mesa University. "One Bike" is a Folk Music Opera written by Scott Betts and Directed by Lana Rogal, following the story-line from the book "Bicycle Junction" written by Chris Brown. The film is one hour long with a short discussion following the screening. Copies of "One Bike" DVD and "Bicycle Junction" book are available at the library.

Tuesday, May 21 5:00 PM - 7:00 PM

Location: Central Branch Library, Community Room - 443 N. 6th St. (Grand Junction)

# **GROUP RIDE SCHEDULE**

#### **Afterglow Ride**

Celebrate Bike to Work Day with an Afterglow ride, pedaling 4-5 miles around downtown Grand Junction, ending at Base Camp Beer Works for a social. Participants will receive BOGO on the first round of beers.

Wednesday, May 1 5:30 PM - Meet at 544 Rood Ave

#### Fruita Family Ride Ride

Join Every Pedal Mountain Bike for a family friendly ride along the Fruita section of the Colorado Riverfront Trail; plan to ride 5-8 miles with the option to ride the single track sections near the Fruita Lagoons.

Wednesday, May 1 6:00 PM - Meet at Fruita Community Center near the entrance

#### **GJ Family Ride Ride**

Join Brown Cycles for a family ride around Downtown Grand Junction with stops at local parks and time for the kids to play on the playgrounds. Free Tandem/Kids Rentals with Chris Brown.

**Sunday, May 5 1:00 PM - 3:00 PM -** Meet at Brown Cycles at 1:00 PM, unless renting.

**Rentals:** Reserve bikes by May 1. Bike rentals should arrive by 12:00 PM.

# **GROUP RIDE SCHEDULE**

#### **Tandem Bike Rally**

Grab your bike partner or best buddy and pedal into the sunset on a tandem bike, the group will bike from downtown Grand Junction to Corn Lake and back. Want to try a tandem for free? Brown Cycles is offering free tandem rentals for this group ride, there are 15 adult tandem bikes available on a first come basis.

Thursday, May 9 6:30 PM - Meet at Brown Cycles

**Rentals**: Reserve by May 2. Arrive for the ride by 5:30 PM if renting.

#### **Clifton Family Ride**

Join Every Pedal Mountain Bike, Riverside Education Center, and Intermountain Health St. Mary's Regional Hospital for a community ride along the Clifton Nature Section of the Colorado Riverfront Trail. Riverside Education Center will provide free bikes for up to 24 participants, for anyone who wants to join, but does not have a bike. Participants will learn about bike safety, rules of the road, trail etiquette, and helmet safety.

Wednesday, May 15

6:00 PM - 8:000 PM Meet at Rocky Mountain Elementary at 6:00 PM

**Rentals**: Please RSVP if you need to borrow a bike, complete the <u>Google From</u>. If borrowing bikes, please arrive 10-15 minutes to get fitted for your bike.

#### **GJ Bike Night**

Pedal into the weekend with the weekly Friday night group ride. Each week features different themes and riders are encouraged to dress in costumes. Participants are also invited to attend the post ride social at a local brewery, the social meet-up will be announce the week of each ride.

**Fridays** 7:00 PM - Meet at 544 Rood Ave

# • • • • • OTHER BIKE EVENTS • • • • • • • • • •

Event	Dates	More Info
Grand Valley Bike Swap	April 20	<b>GV</b> Bike Swap
Celebrate Trails Day	April 27	<b>Mobile Mesa County</b>
Fruita Fat Tire Fest	May 3-5	Fat Tire Fest
CO2UT Gravel Race	May 4	<b>Desert Gravel</b>
GJ Bike & Pedestrian Counts	May 4, 7, & 9	<b>Urban Trails Committee</b>
<b>Grand Junction Rides &amp; Vibes</b>	May 10-11	<b>GJ Sports Commission</b>
Wild Horse Gravel	<b>May 18</b>	<b>Gemini Adventures</b>