

# CHP Medical Clinic Benefits Guide



**Community**  
HEALTH PARTNERSHIP



**MESA  
COUNTY**

# 2026



# Table of Contents

<b>Community Health Partnership in Mesa County</b> .....	<b>1</b>
<b>Community Health Partnership Services</b> .....	<b>2</b>
<b>Primary Care Visits</b> .....	<b>3</b>
<b>Acute Care Visits</b> .....	<b>5</b>
<b>Diagnostic Tests</b> .....	<b>6</b>
<b>Health &amp; Wellness Services</b> .....	<b>7</b>



# COMMUNITY HEALTH PARTNERSHIP IN MESA COUNTY

Thank you for choosing Community Hospital as your health care provider! Mesa County provides our community with invaluable services, and we are proud to support your efforts. Our Community Health Partnership services focus on the health and well-being of you and your family. Our goal is to champion high-quality, cost-effective health care for both employers and employees alike.

Community Hospital believes that prioritizing your health can be made easier through guaranteed 24/7 access to primary care services, as well as access to wellness resources such as health coaching and nutrition and diabetes services. Whether you are managing chronic health conditions, seeking preventive care, or looking for ways to improve your well-being, Community Hospital has your health care needs covered! I encourage you to review this booklet in its entirety for information on the new benefits that are available to you and your family through Community Hospital.

We are proud to offer top-notch health care services and wellness resources in a local and convenient setting for you and your family. We look forward to a healthier future – together.

Sincerely,



*Chris Thomas, President & CEO  
Community Hospital*



# Community Health Partnership Services



## CHP Services

If you have questions about the services Community Hospital can provide, please call or email the CHP Coordinator. Our local team will research your questions, and provide you with an accurate and prompt response. If the CHP Coordinator is not available to answer your call, please leave a message. All calls and emails are secure and will be returned in a timely manner.

**(970) 644-4000**

**chp@gjhosp.org**

## University of Utah Healthcare Connect Program

Do you need a service or procedure that Community Hospital can't provide? Our partnership with the University of Utah provides exemplary care for your needs and is in-network with your Mesa County Medical Plan!

**(801) 587-7219**

Travel benefits are available! For more information on how to submit travel expenses for reimbursement, please contact the Mesa County Human Resources Department.



## CHP Coordinator Services

Your CHP Coordinator can help you with the following:

- Finding a primary care provider
- Assisting with the new patient process
- Finding in-network health care services and facilities
- Miscellaneous benefit questions

**Kylie Millican**  
CHP Coordinator  
(970) 644-4000  
kmillican@gjhosp.org

Please visit [www.YourCommunityHospital.com/chp-mesa-county](http://www.YourCommunityHospital.com/chp-mesa-county) to see a full listing of Tier 1 providers.

# Primary Care Visits

## Primary Care

Mesa County medical plan members pay a \$0 copay for office visits at any of the practices listed below. **Services received that are not listed as part of your CHP benefits may be subject to your deductible and will be billed to your Mesa County Medical Plan.**

*The process to become a new patient may vary between practices. Each practice may charge a no-show fee for missed appointments.*

***Be sure to mention you are a CHP patient with Mesa County!***



(970) 263-2600  
YourCommunityHospital.com

603 28 1/4 Road | Grand Junction  
2478 Patterson Road, Unit 27 | Grand Junction  
Monday - Friday: 8:00 a.m. - 5:00 p.m.



(970) 243-3300  
YourCommunityHospital.com

607 28 1/4 Road | Grand Junction  
Monday - Thursday: 8:00 a.m. - 5:00 p.m.  
Friday: 9:00 a.m. - 5:00 p.m.



(970) 858-6677  
YourCommunityHospital.com

101 Jurassic Ave, Suite C | Fruita  
Monday - Friday: 8:00 a.m. - 5:00 p.m.



(970) 241-7600  
YourCommunityHospital.com

743 Horizon Court, Suite 100 | Grand Junction  
Monday - Friday: 8:00 a.m. - 5:00 p.m.



(970) 263-2670  
YourCommunityHospital.com

601B 28 1/4 Road | Grand Junction  
Monday - Friday: 8:00 a.m. - 5:00 p.m.  
Saturday: 10:00 a.m. - 2:00 p.m.



(970) 644-4050  
YourCommunityHospital.com

731 Iowa Ave | Palisade  
Monday - Friday: 8:00 a.m. - 5:00 p.m.



(970) 609-7337  
AltitudePediatrics.com  
360 W Park Drive, Suite 201 | Grand Junction

Monday - Friday: 8:00 a.m. - 5:00 p.m.  
Saturday: 9:00 a.m. - 1:00 p.m.



(970) 424-5030  
525 North Ave | Grand Junction  
Monday - Friday: 8:30 a.m. - 5:00 p.m.  
Closed 12:00 p.m. - 1:30 p.m.

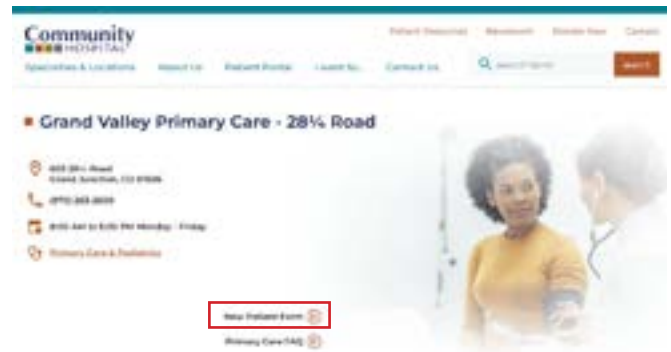
# Primary Care Visits



## Getting Started

If you are interested in becoming a new patient at Grand Valley Primary Care, Grand Valley Primary Care - Palisade, Grand Valley Primary Care - Fruita, Internal Medicine Associates of the Grand Valley, Western Medical Associates of the Grand Valley or Grand Valley Pediatrics, please follow the steps listed below.

1. Visit [YourCommunityHospital.com](http://YourCommunityHospital.com) and click on “Specialties & Locations” and choose “Filter by Specialty.”
2. Click on Primary Care & Pediatrics. Please choose a location and click “**New Patient Form.**”
  - Paper forms are available upon request.
3. Complete the new patient form.
  - Under “Insurance Type” select “Community Health Partnership Employer (CHP)”.
  - Select Mesa County under “Please select the employer below”.
4. You will receive a call within two business days confirming that your form was received.
5. Your CHP Coordinator will process your form accordingly, depending on your selections.
  - The new patient process may take up to two weeks.
  - If you are sick or need to see a provider while your form is processing, please visit Community Care of the Grand Valley or Community Care of the Grand Valley - Palisade (page 5).
4. You will receive another call once you have been assigned to a provider and given instructions on next steps and how to schedule your first appointment.
5. See your provider for your health care needs:
  - Annually for preventive care
  - For referrals to lifestyle modification programs
  - If you get sick
  - As a first point of contact for any other specialized needs



*To become a patient at Grand Junction Family Medicine or Altitude Pediatrics, please contact the office directly. Phone numbers are listed on page 3.*

# Acute Care Visits



Community Care of the Grand Valley accepts walk-ins and appointments for acute medical needs for a **\$25 copay**.<sup>\*</sup> These clinics are staffed by physicians and advanced practice providers. We are open evenings and weekends to better serve you and your family.



(970) 644-3740 • 1060 Orchard, Suite N,  
Grand Junction, CO 81501  
Monday - Saturday: 8:00 a.m. - 8:00 p.m.  
Sunday: 12:00 p.m. to 4:00 p.m.



(970) 644-4060 • 731 Iowa Ave,  
Palisade CO 81526  
Monday - Saturday: 8:00 a.m. - 8:00 p.m.  
Sunday: 12:00 p.m. to 4:00 p.m.



## After Hours Acute Care

You can utilize the Community Hospital Emergency Department after hours for acute care needs for a **\$25 copay**.<sup>\*</sup> *Emergent care visits will be billed to your Mesa County medical plan.*



(970) 644-3100 • 2351 G Road  
Grand Junction, CO 81505  
(Please drive to the back of the building)  
Open 24 hours a day & 7 days a week

***\*Copays are fees that are due at the time of service. Copays may not cover all services received during your visit. You may receive a bill for services provided.***

# Diagnostic Tests



## Diagnostic Tests Included in Your CHP Benefits

The following tests are included with your primary care visit or acute care visit at no charge. Further analysis of tests may incur additional charges and will be billed to your Mesa County Medical Plan.

- Comprehensive Metabolic Panel
- Lipid Panel
- Urinalysis
- Glycosylated Hemoglobin Test (A1C)
- Prostate Specific Antigen (PSA)
- Thyroid Stimulating Hormone (TSH)
- Complete Blood Count (CBC) with Auto Diff
- Strep Culture / Confirm
- Pap Test



## Community Hospital Lab Draw Stations

### Grand Valley Primary Care

*\*Patient must be established at Grand Valley Primary Care or bring printed orders with them.*

603 28 1/4 Road, Grand Junction, CO 81506

Monday - Friday: 7:40 a.m. - 12:30 p.m. & 1:30 - 4:30 p.m.

(970) 263-2600

### Internal Medicine Associates of the Grand Valley

607 28 1/4 Road, Grand Junction, CO 81506

Monday - Thursday: 7:45 a.m. - 12:00 p.m.

Friday: 9:00 a.m. - 12:00 p.m.

(970) 243-3300

### Monument View Medical Plaza Lab

688 23 1/2 Road, Grand Junction, CO 81505

Monday - Friday: 8:00 a.m. - 5:00 p.m.

(970) 644-3260

# Health & Wellness Services

## Outpatient Behavioral Health

**Our Behavioral Health Specialists can help you with:**

- Personal relationship problems
- Anxiety and depression
- Drug and alcohol interventions
- Work stress
- *And more!*

Behavioral health services are available at no cost to you!

**To schedule an appointment, please call  
(970) 242-9026.**



*Available to participants who see a CHP Medical Clinic Provider.*

## Health Coaching

**Health coaching is a FREE personal approach to enhance wellness.** Through a series of interactions, your health coach will help you determine health priorities, develop strategies and create a plan of action.

**You can receive up to 12 free coaching visits a year!** Health coaching is available to participants who see a CHP provider.

*Can't leave work? Crunched for time?  
We offer telephonic health coaching appointments!*



**Danielle Wells, RN, CDCES**  
Health Coach  
(970) 263-2639  
dwells@gjhosp.org



**Lana Birch, ACSM, CHWC**  
Health Coach  
(970) 263-2637  
lbirch@gjhosp.org

# Health & Wellness Services



## Nutrition & Education Services

Nutrition education is available for a \$40 copay through your medical plan.

Our dietitians can assist you with:

- Weight loss
- Medical nutrition therapy
- *And more!*

**To schedule an appointment, please call (970) 263-2664.**

*\*A referral from a CHP Medical Clinic Provider is required.*

## Diabetes Education Services

Learn how to manage your diabetes and thrive! Our Certified Diabetes Care and Education Specialists provide the following services for a \$40 copay through your medical plan.

Diabetes Education Services includes:

- Initial assessment
- Diabetes medical nutritional therapy
- Continuous glucose monitoring

**To schedule an appointment, please call (970) 263-2664.**

*\*A referral from a CHP Medical Clinic provider is required.*



## Canyon View Pharmacy



**2373 G Road, Suite 120**  
**Grand Junction, CO 81505**  
(Just west of Canyon View Park)

Community Hospital's Canyon View Pharmacy has your outpatient pharmacy needs covered. We offer curbside delivery, immunizations, med-to-bed program, medication take back box, competitive retail pharmacy prices, Medicare Part-D billing services and more.

**Phone: (970) 644-4380**

Hours: Monday - Friday: 8:30 a.m. - 6:30 p.m.  
Saturday: 9:00 a.m. - 3:00 p.m.



- Advanced Pulmonary & Critical Care of the Grand Valley
- Behavioral Health
- Cardiopulmonary Rehabilitation Services
- Canyon View Pharmacy
- Canyon View Surgery Center
- Canyon View Women's Health
- CMU Student Wellness Center
- Community Care of the Grand Valley
- Community Care of the Grand Valley - Palisade
- Emergency Services
- Grand Valley ENT and Facial Plastic Surgeons
- Grand Valley Cardiology
- Grand Valley Endocrinology
- Grand Valley Infectious Disease
- Grand Valley Nutrition & Wellness
- Grand Valley Occupational Medicine
- Grand Valley Oncology - Medical and Radiation
- Grand Valley Pediatrics
- Grand Valley Pediatric Therapy
- Grand Valley Plastic Surgery
- Grand Valley Primary Care
- Grand Valley Primary Care - Fruita
- Grand Valley Primary Care - Palisade
- Grand Valley Rehabilitation Services
- Grand Valley Rheumatology
- Grand Valley Spine & Pain
- Grand Valley Thoracic/Vascular
- Health Promotion / Wellness
- Imaging & Radiology Services
- Internal Medicine Associates of the Grand Valley
- Labor and Delivery
- Laboratory Services
- Mammography
- Nutrition & Diabetes Education Services
- Respiratory Therapy
- Sleep Lab
- Surgical Associates of the Grand Valley
- Surgical Weight Loss
- Western Colorado Bone Health
- Western Orthopedics & Sports Medicine
- Western Medical Associates of the Grand Valley